

## S'aad u heshid wax yaalo kale:

Fiiri si 'aad u aragto hadii ay jirto **Talooyin kaluuminaysi** meesha aad qorshaynaysid in aad ka kaluumaysatid.

Hadii aad qabto su'aalo ku saabsan kaluunka aan ku qornayn buugan war bixinta ama war bixin dheeraad ah curiyada/macdanta ama talooyinka kaluunka ee aga-gaar kaaga:

- Booqo webside kayaga: [www.doh.wa.gov/fish](http://www.doh.wa.gov/fish)
- Wac laanta caafimaadka ee dowlada washington, Xafiiska caafimaadka iyo daryeelida dagaanka Telefoonku waa 1-877-485-7316, Waana lacag-la'aan.
- Wac laanta caafimaadka, qeebta caafimadka iyo Daryeelka dagaanka



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Dowlada Washington W I C barnaamijkan Waxaa loo qeebinayaa si siman iyo shaqaaleba.



# Xaqiiqda Kaluunka

## Waa Caafimaad Fiicanyhay



## Kaluunku waa raashin fiican

Kaluunku way ku yartahay dufanku iyo weliba il nafaqo fiican iyo nafaqo kale leh Cunitaanka kaluunku waa qeeb muhiim oo caafimaad ah iyo cunto qaadasho siman.

Laakiin caruurta qaarkood kaluunku wuu ka curiyaha/macdanta badan yahay kana taxadar si aad dooratid kalunka saxda ah hadii aad:

- Uur leedahay ama aad kalkaaliye aad tahay
- Ama aad haysato caruur yar-yar
- Ama aad ku fakarayso in aad uur qaado

## Maxay tahay nooca kaluunka saxda ah?

Dooro kaluunka ee ay ku yartahay curiyada/macdanta. Kaluun kasta oo fereesh, ama talaajadaysan ama qasacadaysan waa xulasho fiican laguna daro cunto qaadashadaada :

- Salmon
- Flounder
- Cod
- Catfish
- Trout
- Pollock (kaluunka loo isticmaalo isyeel yeel carmaayada)



Noocyada kale ee raashinka bada ee ay ku yartahay curiyaha/macdanta dufanka:

- Clams
- Shrimp
- Scallops
- Lobster

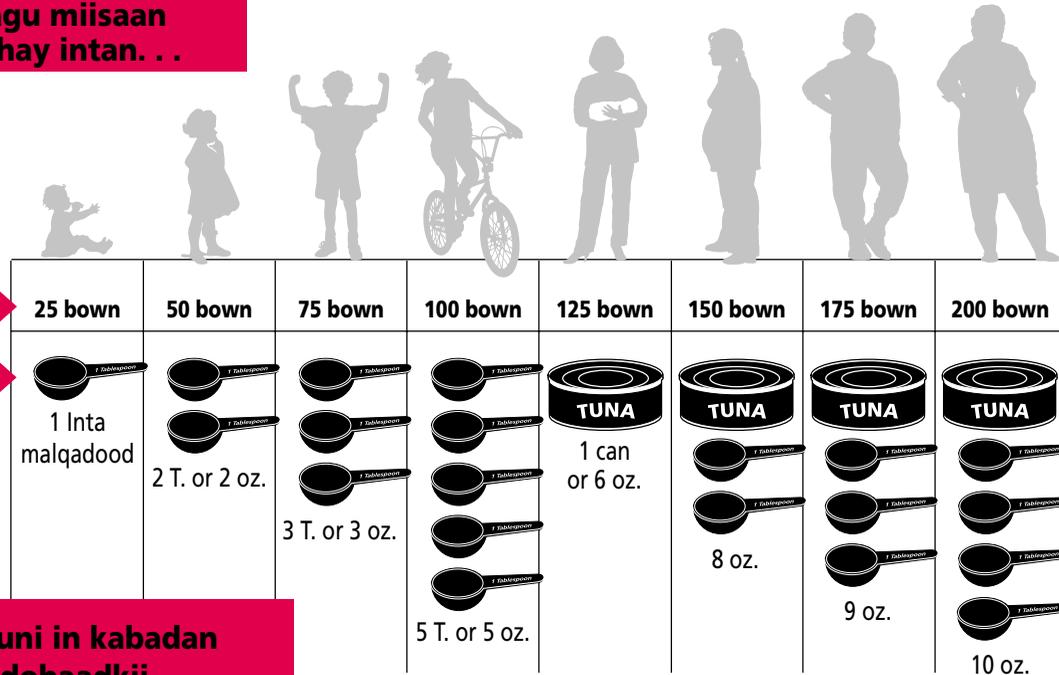


## Maxay tahay tuunada qasacadaysan ?

Waa iska caadi in la cuno tuunada qasacadaysan, lakiin haka cuni waxbadan. Tuunada qasacadaysan waxay leedahay xoogaa curiyoyin/ macdan ah. Inta aad ka cuni karto Dhib la'aan waxay ku xiran tahay miisaan kaaga.

Miiskan ama xariijimahan ayaa kuu sheegaya inta tuunada qasacadaysan kacuni karto todobaadkiiba waxay ku salaysan tahay inta uu cunugaagu miisaan kiisu yahay:

Hadii adiga iyo cunugaagu miisaan kiinu Yahay intan. . .



. . . Ha cuni in kabadan intan todobaadkii.

## Kaluunkeebaa curiyo/macdan badan leh?

Ha cuni kaluunyadan badanaa ay ku badan tahay curiyada/ macdanta:

- Swordfish
- Shark
- Tilefish
- King mackerel
- Tuna steak



## Mararka qaarkood curiyada malaga wal walaa?

Curiyo/macdanta badan ee cunto qaadashada waxaa dhici karaa dhib ay gaarsiiso cunuga awoodiisa waxbarasha. Qofka wayn curiyada/macdanta badan waxay kugu hogaamin karaan neerfo xanuun, iyo in ay gaarsiiso dhib wadnaha, iyo in ay kugu kiciso dhiig kar.

Kaluunka waaween ee cuna kaluunyada kale waxay leeyihiin curiyo/macdan badan. Hadii aad qabato kaluun. Fiiri si aad u'aragto in aad haysato

“Talooyinka Kaluunka” aga-gaar kaaga. “Talooyinka Kaluunka” waxay leeyihiin digniin khaas ah. Waxaa loo siiyay haday khusayso caafimaad ahaan oo lacuno kaluunka webiyada iyo leegyada qaarkood maxaa yeelay curiyada/macdanta iyo sumaynta kaleba.

## Karistu wax maka badashaa qiyaasida curiyada/macdanta kaluunka?

Maya. Malaha jid khaas ah lagu kariyo kaluunka oo curiyada looga saaro. Sidaas ayay muhiim u tahay in lacuno kaluunka ay ku yar tahay curiyadu/macdanta.



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